# FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

# STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

**OMB APPROVAL** OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  KRAUSE STACY D.						2. Issuer Name <b>and</b> Ticker or Trading Symbol  KADANT INC [ KAI ]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner							
(Last) ONE TE	,	rst) GY PARK DRIV	(Middle)														Other (s below) ecretary	specify			
(Street)		4. If Amendment, Date of Original Filed (Month/Day/Year)												6. Individual or Joint/Group Filing (Check Applicable Line)							
WESTFO	ORD M	A	01886												X Form filed by One Reporting Person Form filed by More than One Reporting						
(City)	(Si	tate)	(Zip)		Person																
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																					
1. Title of Security (Instr. 3)			2. Transa Date (Month/D		Exe () if a	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transac Code (II				ed (A) or tr. 3, 4 a	4 and 5) Secu Bene Own		es ally Following	Form (D) o	n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership			
									Code	v	Amount	(A) or (D)	Price	9	Reporte Transac (Instr. 3	tion(s)			(Instr. 4)		
Common	Stock			03/10	/2023				М		945	A	(	1)	1,	725		D			
Common	Stock			03/10	/2023	2023		F		386	D \$		3.64	4 1,339		9 D					
Common	Stock			03/10	03/10/2023				M		249	A		(2) 1		1,588		D			
Common	Stock			03/10/2023		┸			F		98	D	\$21	5213.64 1		1,490		D			
Common Stock			03/10/2023					M		945	A	(	(3) 2		2,435		D				
Common Stock			03/10	3/10/2023				F		372	D	-	3.64		,063		D				
Common Stock			03/10/2023		+			M		158	A	_			,221		D				
Common Stock				03/10/2023				F		63	D	_	3.64	<u> </u>	158		D				
Common Stock			03/10/2023		+			M		629	A	+-			2,787		D				
Common Stock				03/10/2023				F		248	D	+	3.64		2,539		D				
Common Stock				/10/2023				M F		139	A	-	6) 2 C 4	<u> </u>			D				
30/10/10/10 30 D P P P P P P P P P P P P P P P P P P																					
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																					
1. Title of Derivative Security (Instr. 3)	if any	cution Date, T		ransaction of E code (Instr. Derivative (N		Expiration	i. Date Exercisab Expiration Date Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)		De Se (Ir	Price of erivative ecurity 1str. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership ect (Instr. 4)					
					Code	v	(A)	(D)	Date Exercisab		Expiration Date	Title	Amou or Numb of Share	er							
Restricted Stock Unit	\$0.0	03/10/2023			M			945	(1)		04/30/2023	Common Stock	945	5_	\$ <mark>0</mark>	0		D			
Restricted Stock Unit	\$0.0	03/10/2023			М			249	(2)	(	04/30/2023	Common Stock	249	)	\$0	0		D			
Restricted Stock Unit	\$0.0	03/10/2023			M			945	(3)	(	04/30/2024	Common Stock	945	5	\$0	945		D			
Restricted Stock Unit	\$0.0	03/10/2023			M			158	(4)	(	04/30/2024	Common Stock	158	3	\$0	157		D			
Restricted Stock Unit	\$0.0	03/10/2023			М			629	(5)	(	04/30/2025	Common Stock	629		\$0	1,256		D			
Restricted Stock Unit	\$0.0	03/10/2023						139	(6)	(	04/30/2025	Common Stock	139		\$0	278		D			

### **Explanation of Responses:**

- 1. The shares represent the partial settlement under a performance-based RSU award granted March 2, 2020. One-third of the RSU vested and became distributable on March 10, 2023 and was converted to common stock on a one-for-one basis on the vesting date.
- 2. The shares represent the partial settlement under a time-based RSU award granted March 2, 2020. One-third of the RSU vested and became distributable on March 10, 2023 and was converted to common stock on a one-for-one basis on the vesting date.
- 3. The shares represent the partial settlement under a performance-based RSU award granted March 9, 2021. One-third of the RSU vested and became distributable on March 10, 2023 and was converted to common stock on a one-for-one basis on the vesting date.
- 4. The shares represent the partial settlement under a time-based RSU award granted March 9, 2021. One-third of the RSU vested and became distributable on March 10, 2023 and was converted to common

stock on a one-for-one basis on the vesting date.

- 5. The shares represent the partial settlement under a performance-based RSU award granted March 8, 2022. One-third of the RSU vested and became distributable on March 10, 2023 and was converted to common stock on a one-for-one basis on the vesting date.
- 6. The shares represent the partial settlement under a time-based RSU award granted March 8, 2022. One-third of the RSU vested and became distributable on March 10, 2023 and was converted to common stock on a one-for-one basis on the vesting date.

### Remarks:

/s/ Stacy D. Krause

03/10/2023

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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