## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

	Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).
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## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average burde	en								
hours per response:	0.5								

	ss of Reporting Perso	'n*	2. Issuer Name and Ticker or Trading Symbol KADANT INC [KAI]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
RAINVILLE WILLIAM A				X	Director	10% Owner				
(Last) (First) (Middle)		(Middle)	3. Date of Earliest Transaction (Month/Day/Year)	X	Officer (give title below)	Other (specify below)				
KADANT INC.			11/20/2007	Chief Executive Officer						
ONE TECHNOLOGY PARK DRIVE		IVE								
(Street) WESTFORD	MA	01886	4. If Amendment, Date of Original Filed (Month/Day/Year) 11/23/2007	6. Indiv Line) X	ridual or Joint/Group Filing Form filed by One Repor					
(City)	(State)	(Zip)			Form filed by More than Person	One Reporting				

## Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution Date,		ction Instr.	4. Securities Disposed Of 5)	Acquired (D) (Instr	(A) or . 3, 4 and	5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Common Stock	11/20/2007		М		100	A	\$16	130,186	D	
Common Stock	11/20/2007		S		100	D	\$30.98	130,086	D	
Common Stock	11/20/2007		М		100	A	\$1 <mark>6</mark>	130,186	D	
Common Stock	11/20/2007		S		100	D	\$30.7	130,086	D	
Common Stock	11/20/2007		М		100	A	\$16	130,186	D	
Common Stock	11/20/2007		S		100	D	\$30.64	130,086	D	
Common Stock	11/20/2007		М		100	A	\$16	130,186	D	
Common Stock	11/20/2007		S		100	D	\$30.63	130,086	D	
Common Stock	11/20/2007		М		100	A	\$16	130,186	D	
Common Stock	11/20/2007		S		100	D	\$30.61	130,086	D	
Common Stock	11/20/2007		М		100	A	\$16	130,186	D	
Common Stock	11/20/2007		S		100	D	\$30.6	130,086	D	
Common Stock	11/20/2007		М		100	A	\$16	130,186	D	
Common Stock	11/20/2007		S		100	D	\$30.58	130,086	D	
Common Stock	11/20/2007		М		100	A	\$16	130,186	D	
Common Stock	11/20/2007		S		100	D	\$30.57	130,086	D	
Common Stock	11/20/2000		М		200	A	\$16	130,286	D	
Common Stock	11/20/2007		S		200	D	\$30.54	130,086	D	
Common Stock	11/20/2007		М		200	A	\$16	130,286	D	
Common Stock	11/20/2007		S		200	D	\$30.52	130,086	D	
Common Stock	11/20/2007		М		100	A	\$16	130,186	D	
Common Stock	11/20/2007		S		100	D	\$30.5	130,086	D	
Common Stock	11/20/2007		М		100	A	\$16	130,186	D	
Common Stock	11/20/2007		S		100	D	\$30.48	130,086	D	
Common Stock	11/20/2007		М		300	A	\$16	130,386	D	
Common Stock	11/20/2007		S		300	D	\$30.47	130,086	D	
Common Stock	11/02/2007		М		100	A	\$16	130,186	D	
Common Stock	11/20/2007		S		100	D	\$30.42	130,036	D	
Common Stock	11/20/2007		М		100	A	\$1 <mark>6</mark>	130,186	D	

	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)		ar) 2A. Deemed Execution Date, if any (Month/Day/Year)		Code (	Transaction Dis Code (Instr. 5)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following		Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount	(A (D	or	Price	Reporte Transac (Instr. 3	tion(s)			(Instr. 4)
Common	Common Stock			11/2	/20/2007				S		100		D \$30.4		130,086		.086 E		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned         (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	<ul> <li>Conversion or Exercise Price of Derivative Security</li> <li>Derivative Derivative Security</li> </ul>					Derivative (Month/Day/Year) Securities Acquired A) or Disposed				Amount of Securities			8. Price of Derivative Security (Instr. 5) 8. Price of Securities Beneficial Owned Following Reported Transactic (Instr. 4)		ly Di or (I)	wnership orm: rect (D) Indirect (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercisab		xpiration vate	Title	0 N 0	lumber					
Employee Stock Option (Right To Buy)	\$16	11/20/2007			М			1,900	05/16/200	02 01	5/16/2009	Commo Stock		1,900	\$0	273,50	0	D	

Explanation of Responses:

**Remarks:** 

THE TRANSACTIONS REPORTED ON THIS FORM 4 WERE EXECUTED PURSUANT TO A RULE 10b5-1 TRADING PLAN.

<u>by Sandra L. Lambert for</u> <u>William A. Rainville</u>

11/26/2007

Date

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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