SEC For	rm 4																			
FORM 4 UNITED STAT					TES	TES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549											OMB APPROVAL			
Section 16. Form 4 or Form 5 obligations may continue. See					NT OF CHANGES IN BENEFICIAL OWNE d pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940										SHIP	Estim		er: verage burde sponse:	3235-0287 en 0.5	
1. Name and Address of Reporting Person <sup>*</sup> LEONARD THOMAS C						2. Issuer Name <b>and</b> Ticker or Trading Symbol <u>KADANT INC</u> [KAI]									Relationship neck all appli X Directo	cable)	10%			
(Last) (First) (Middle) KADANT INC.					3. Date of Earliest Transaction (Month/Day/Year) 05/18/2022									<ul> <li>Officer (give title Other (specify below)</li> <li>below)</li> </ul>				specify		
ONE TECHNOLOGY PARK DRIVE (Street)				4. li	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person						
WESTFORD MA 01886 (City) (State) (Zip)														Form filed by More than One Reporting Person				orting		
		Tab	le I - Non	-Deriv	ative	e See	curitie	es A	cquired,	Dis	posed o	of, or B	Bene	ficia	lly Owned	d				
1. Title of Security (Instr. 3) Date (Month/I					ar) i	2A. Deemed Execution Date f any Month/Day/Yea		Code (I	action Dispose		rities Acquired (A) ed Of (D) (Instr. 3, 4			Benefici Owned I	es Fo ally (D) Following (I)		n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership		
									Code V Amount (A) or Price				Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)			
		Т	able II - E (						quired, D s, option						y Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Execution Date, if any		4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Securit (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisable		xpiration ate	Title	or Nu of	nount mber ares						
Restricted Stock Unit	\$0.0	05/18/2022			A		941		(1)	0	1/31/2023	Common Stock	n g	941	\$0	941		D		

Explanation of Responses:

1. Each Restricted Stock Unit ("RSU") represents the right to receive one share of the Issuer's common stock. 50% of the RSU vests on June 1, 2022 and the remainder vests in two equal installments on the last day of each of the Issuer's third and fourth quarters of fiscal 2022 provided the recipient continues to serve as a director of the Issuer.

## Remarks:

/s/ Stacy D.	Krause, by power	05/20/2022		
of attorney		03/20/2022		

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.