FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

		f Reporting Person [*] NDRA L		2. Issuer Name and Ticker or Trading Symbol KADANT INC [KAI]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director Officer (give title Other (specify						
(Last) KADAN	T INC.	First)		e of Earliest Transa 3/2006	action (N	lonth/[Day/Year)		X Officer (give title Officer (specify below) VP, GENERAL COUNSEL, SECRETARY								
ONE TE	CHNOLO	GY PARK DRIV	4. If Ai	4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Individual or Joint/Group Filing (Check Applicable						
(Street) WESTFO	ORD M						- 1 1	Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person									
(City)	(\$	State)	(Zip)								1 01301						
		Tab	le I - Non-De	erivative S	Securities Acq	uired,	Dis	posed of,	or Ben	eficiall	y Owned	t					
1. Title of Security (Instr. 3)				ransaction e nth/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr.		4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)		(A) or 3, 4 and	Securiti Benefici Owned	5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
						Code	v	Amount	(A) or (D)	Price	Transac (Instr. 3	tion(s)		(111341. 4)			
Common	Stock		1	0/18/2006		M		400	A	\$13.05	13	,873	D				
Common Stock				0/18/2006		S		400	D	\$27.8	13,473		D				
Common Stock				0/18/2006		M		200	A	\$13.05	13,673		D				
Common Stock				0/18/2006		S		200	D	\$27.75	13	,473	D				
Common Stock				0/18/2006		M		600	A	\$13.05	14	,073	D				
Common Stock			1	0/18/2006		S		600	D	\$27.7	27.7 13,473		D				
Common	Stock		1	0/18/2006		M		200	A	\$13.05	13	,673	D				
Common	Stock		1	0/18/2006		S		200	D	\$27.65	13	,473	D				
Common Stock			1	0/18/2006		M		600	A	\$13.05	14	,073	D				
Common Stock				0/18/2006		S		600	D	\$27.62	2 13	,473	D				
Common Stock				0/18/2006		M		500	500 A \$		13,973		D				
Common	Stock		1	0/18/2006		S		500	D	\$27.61	. 13	,473	D				
Common	Stock		1	0/18/2006		M		600	A	\$13.05	5 14	,073	D				
Common	Stock		0/18/2006		S		600	D	\$27.6	13	,473	D					
Common	Stock		1	0/18/2006		M		700	A	\$13.05	14,173		D				
Common Stock 1				0/18/2006		S		700	D \$27.57		13	13,473					
Common Stock 10				0/18/2006		M		300	A	\$13.05	13	,773	D				
Common Stock 10/1						S		300	D	\$27.56	13	,473	D				
Common Stock 10				0/18/2006		M		200	A	\$13.05	13	,673	D				
Common Stock 10/18						S		200	D	\$27.51	13	,473	D				
Common Stock 10/18/2						M		1,700	A	\$13.05	15	,173	D				
Common Stock 10/18/						S		1,700	D	\$27.5	13	,473	D				
		7			curities Acqu Ills, warrants,						Owned						
1. Title of Derivative Conversion Date Courtity Or Exercise (Month/Day/Year) 3A. Deemed Execution Date if any			3A. Deemed Execution Date	4. Transaction	5. Number 6	5. Date Ex Expiration	Date Exercisable and xpiration Date Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Secur (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)			

1. Title of Derivative Security (Instr. 3)	2Conversion or Exercise Price of Derivative Security	3. Transaction	Code Transa	action of ``				CONVERTI Expiration (Statute and te			8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10Ownership-Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Employee Stock Option (Right To Buy)	\$13.05	10/18/2006	М			6,000	12/10/2001	12/10/2008	Common Stock	6,000	\$0	14,000	D	

Explanation of Responses:

Remarks:

THE TRANSACTIONS REPORTED ON THIS FORM 4 WERE EXECUTED PURSUANT TO A RULE 10b5-1 TRADING PLAN.

<u>Sandra L. Lambert</u> <u>10/19/2006</u>

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.