UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

SCHEDULE 14A

(RULE 14a-101) INFORMATION REQUIRED IN PROXY STATEMENT SCHEDULE 14A INFORMATION

Proxy Statement Pursuant to Section 14(a) of the Securities Exchange Act of 1934 (Amendment No.)

Filed by	y the Registrant X	Filed by a Party other than the Re	gistrant 🗆
□ Prelir	the appropriate box: minary Proxy Statement fidential, for Use of the Commission Onl	ly (as permitted by Rule 14a-6(e)(2))	
	nitive Proxy Statement	(() () () () () () () () () (
k Defini	itive Additional Materials citing Material Pursuant to Rule 14a-12		
		Kadant Inc. (Name of the Registrant as Specified In Its Charter)	
	t of Eiling Foo (Chook the appropriate how)	(Name of Person(s) Filing Proxy Statement, if other than the Reg	istrant)
•	It of Filing Fee (Check the appropriate box) fee required.):	
	e computed on table below per Exchange A	Act Rules 14a-6(i)(1) and 0-11.	
	Title of each class of securities to which		
(2	2) Aggregate number of securities to which	ch transaction applies:	-
(3	Per unit price or other underlying value how it was determined):	e of transaction computed pursuant to Exchange Act Rule 0-11 (set forth	the amount on which the filing fee is calculated and sta
(4	4) Proposed maximum aggregate value of	f transaction:	-
(5	5) Total fee paid:		-
☐ Fee	e paid previously with preliminary material	ls.	-
		rovided by Exchange Act Rule 0-11(a)(2) and identify the filing for whic mber, or the Form or Schedule and the date of its filing.	th the offsetting fee was paid previously. Identify the
•	Amount Previously Paid:	and the date of the fining.	
(2	2) Form, Schedule or Registration Statem	nent No.:	-
(3	3) Filing Party:		-
(4	4) Date Filed:		-

Important Notice Regarding the Availability of Proxy Materials for the Shareholder Meeting of

KADANT INC.

To Be Held On:

May 19, 2021 at 2:30 PM

in person at the corporate office located at One Technology Park Drive, Westford, Massachusetts 01886 and online at https://agm.issuerdirect.com/kai

COMPANY NUMBER	
ACCOUNT NUMBER	
CONTROL NUMBER	

This communication presents only an overview of the more complete proxy materials that are available to you on the Internet. We encourage you to access and review all of the important information contained in the proxy materials before voting. To view these materials, please have your control number available.

If you want to receive a paper or e-mail copy of the proxy materials you must request one. There is no charge to you for requesting a copy. To facilitate timely delivery, please make the request as instructed below before May 7, 2021.

Please visit http://www.astproxyportal.com/ast/11818/, where the following materials are available for view:

- Notice of Annual Meeting of Stockholders
- Proxy Statement
 Form of Electronic Proxy Card
 2020 Annual Report to Stockholders

TO REQUEST MATERIAL: TELEPHONE: 888-Proxy-NA (888-776-9962) and 718-921-8562 (for international callers)

E-MAIL: info@astfinancial.com

WEBSITE: https://us.astfinancial.com/OnlineProxyVoting/ProxyVoting/RequestMaterials

ONLINE: To access your online proxy card, please visit <u>www.voteproxy.com</u> and follow the on-screen instructions or scan the QR code with your smartphone. You may enter your voting instructions at www.voteproxy.com up until 11:59 PM Eastern Time the day before the cut-off or meeting date.

IN PERSON: You may vote your shares in person by attending the Annual Meeting.

TELEPHONE: To vote by telephone, please visit www.voteproxy.com to view the materials and to obtain the toll free number to

MAIL: You may request a card by following the instructions above.

TO VOTE:

THE BOARD OF DIRECTORS OF KADANT INC. RECOMMENDS THAT YOU VOTE **FOR** THE ELECTION OF DIRECTORS.

Election of two directors to the class to be elected for a three-year term expiring in 2024.

NOMINEES:

Erin L. Russell William P. Tully THE BOARD OF DIRECTORS OF KADANT INC. RECOMMENDS THAT YOU VOTE FOR PROPOSALS 2, 3, AND 4.

- To approve, by non-binding advisory vote, our executive compensation.
- 3 To approve restricted stock unit grants to our non-employee directors.
- To ratify the selection of KPMG LLP as our company's independent registered public accounting firm for 2021.

In their discretion on such other matters as may properly come before the Meeting or any adjournment thereof.

Please note that you cannot use this notice to vote by mail. To request directions to be able to attend the meeting, please call the company at (978) 776-2000.