FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C. 20549
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* KRAUSE STACY D.						2. Issuer Name and Ticker or Trading Symbol KADANT INC [KAI]										ck all app Dired	ctor	ng Per	10% O	wner	
(Last) ONE TE	ast) (First) (Middle) NE TECHNOLOGY PARK DRIVE							3. Date of Earliest Transaction (Month/Day/Year) 08/10/2020										Officer (give title below) Other (below) Other (below) VP, General Counsel, Secreta			
(Street) WESTFO	Street) WESTFORD MA 01886					4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Inc) C Form	dual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting				
(City)	(St	(State) (Zip)								on											
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
1. Title of Security (Instr. 3)				2. Transaction Date (Month/Day/Ye	ar) E	2A. Deemed Execution Date, if any (Month/Day/Year)		Tr	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 an			nd 5)	Secur Bene Owne Follow	ficially ed wing	Forn (D) c	n: Direct or rect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
								C	Code V		Amo	ount	(A) or (D)	or Price		Reported Transaction(s) (Instr. 3 and 4)					
Common	Stock			08/10/2020	0			S	S ⁽¹⁾		1	100	D	\$11	15.09	9 2,216			D		
Common	Stock			08/10/2020	0			5	S ⁽¹⁾		S	936	D	\$116.	.7146 ⁰	1,280		D			
		Tal	ble	II - Derivati (e.g., pu												Owne	d				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Ex if a	. Deemed ecution Date, ıny onth/Day/Year)		saction of Derivat Securit Acquir (A) or Dispos of (D) (Instr. 3 and 5)		ative rities ired osed	Ex	piratior	kercisable and n Date ay/Year)		Am Sec Und Der Sec	7. Title and Amount of Securities Underlying Derivative Security (Inst 3 and 4)		. Price of erivative ecurity nstr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	y	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	e V	(A)	(D)	Da:	te ercisab		Expiration Date	n Titl	Amo or Num of e Shar	ber						

Explanation of Responses:

- 1. The transactions reported on this Form 4 were executed pursuant to a Rule 10b5-1 trading plan adopted June 4, 2020.
- 2. Represents the weighted average sale price. The actual sales prices range from \$116.2983 to \$117.1211 per share. The reporting person will supply the SEC, the Issuer, or a security holder of the Issuer, with full information regarding the number of shares at each price upon request.

Remarks:

/s/ Stacy D. Krause

08/10/2020

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.