FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OIVID APPROVAL										
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  KRAUSE STACY D.					2. Issuer Name and Ticker or Trading Symbol KADANT INC [ KAI ]									eck all appl Direct	or		10% Ov	ner		
(Last) (First) (Middle) ONE TECHNOLOGY PARK DRIVE					3. Date of Earliest Transaction (Month/Day/Year) 03/08/2022									2	X Officer (give title Other (specify below) SVP, GC and Secretary					
(Street) WESTF(			01886 (Zip)		4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)						Line	ndividual or Joint/Group Filing (Check Applicable e) X Form filed by One Reporting Person Form filed by More than One Reporting Person							
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3)  2. Transac Date (Month/Date)						Execution Date,		, Transaction Dispo		Dispose	ities Acq d Of (D) (	uired ( Instr. 3	(A) or 3, 4 and	Benefic	es For ally (D) Following (I) (		n: Direct or Indirect ostr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
									C	Code	v	Amount	(A) or (D)		Price	Transaction(s) (Instr. 3 and 4)				(11150. 4)
Common Stock													0			D				
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Day	Date,	4. Transa Code (I B)		of		Expir	6. Date Exercisable Expiration Date (Month/Day/Year)		Amount of		of es ing ve Sed		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	s lly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exerc	: cisable		epiration ate	Title	or Nu of	ımber					
Restricted Stock Unit	\$0.0	03/08/2022			A		1,669			(1)	04	/30/2025	Commo Stock	n 1,	,669	\$0	1,669		D	
Restricted Stock Unit	\$0.0	03/08/2022			A		417			(2)	04	/30/2025	Commo	n Z	417	\$0	417		D	

## Explanation of Responses:

- 1. Each Restricted Stock Unit ("RSU") represents the right to receive one share of the Issuer's common stock. The RSU vests and is distributable in three equal installments beginning on March 10, 2023, provided that the Issuer meets certain performance requirements for fiscal 2022 and the reporting person is employed by the Issuer on the vesting date. The maximum number of shares the reporting person may receive is 150% of the RSU amount.
- 2. This RSU vests and becomes exercisable in three annual installments beginning on March 10, 2023, provided the reporting person is employed by the Issuer on the vesting date.

## Remarks:

/s/ Stacy D. Krause

03/08/2022

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.