# FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
-------------	------	-------

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPRO	DVAL						
OMB Number:	3235-0287						
Estimated average burden							
hours per response:	0.5						

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*					uer Name <b>and</b> Tick			Symbol		5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
Powell Jeffrey L					DITITIO [	IVII J				X	Director	10% (	Owner		
(Last) (First) (Middle)					e of Earliest Transa	action (N	/lonth/	Dav/Year)	X	Officer (give title below)	Other (specify below)				
KADANT INC.	` '	(**************************************		3. Date of Earliest Transaction (Month/Day/Year) 03/10/2021							President & CEO				
ONE TECHNO	LOGY PAR	K DRIVE													
(Street)				4. If A	mendment, Date of	f Origina	l Filed	(Month/Day/	6. Indi	6. Individual or Joint/Group Filing (Check Applicable Line)					
WESTFORD	MA	01886								X	Form filed by One	e Reporting Pers	son		
											Form filed by Mor Person	re than One Rep	orting		
(City)	(State)	(Zip)													
		Table I - No	n-Deriva	tive S	Securities Acq	uired	, Dis	posed of,	or Ber	eficially	Owned				
1. Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Disposed Of	Acquired (D) (Instr	(A) or 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
						Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(111301.4)		
Common Stock			03/10/2	.021		М		2,002	A	(1)	28,986	D			
Common Stock			03/10/2	2021		F		888	D	\$175.29	28,098	D			
Common Stock			03/10/2	2021		М		419	A	(2)	28,517	D			
Common Stock			03/10/2	2021		F		186	D	\$175.29	28,331	D			
Common Stock			03/10/2	2021		М		4,030	A	(3)	32,361	D			
Common Stock			03/10/2	2021		F		1,788	D	\$175.29	30,573	D			
Common Stock			03/10/2	2021		M		1,021	Α	(4)	31,594	D			
Common Stock			03/10/2	2021		F		453	D	\$175.29	31,141	D			
Common Stock			03/10/2	2021		М		5,006	Α	(5)	36,147	D			

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

F

M

F

2,221

1,322

587

D

A

D

\$175.29

(6)

\$175.29

33,926

35,248

34,661

D

D

D

03/10/2021

03/10/2021

03/10/2021

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code ( 8)		n of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Restricted Stock Unit	\$0.0	03/10/2021		M			2,002	(1)	04/30/2021	Common Stock	2,002	\$0	0	D	
Restricted Stock Unit	\$0.0	03/10/2021		M			419	(2)	04/30/2021	Common Stock	419	\$0	0	D	
Restricted Stock Unit	\$0.0	03/10/2021		M			4,030	(3)	04/30/2022	Common Stock	4,030	\$0	4,030	D	
Restricted Stock Unit	\$0.0	03/10/2021		M			1,021	(4)	04/30/2022	Common Stock	1,021	\$0	1,021	D	
Restricted Stock Unit	\$0.0	03/10/2021		M			5,006	(5)	04/30/2023	Common Stock	5,006	\$0	10,010	D	
Restricted Stock Unit	\$0.0	03/10/2021		М			1,322	(6)	04/30/2023	Common Stock	1,322	\$0	2,642	D	

### Explanation of Responses:

Common Stock

Common Stock

Common Stock

- 1. The shares represent the partial settlement under a performance-based RSU award granted March 7, 2018. One-third of the RSU vested and became distributable on March 10, 2021 and was converted to common stock on a one-for-one basis on the vesting date.
- 2. The shares represent the partial settlement under a time-based RSU award granted March 7, 2018. One-third of the RSU vested and became distributable on March 10, 2021 and was converted to common stock on a one-for-one basis on the vesting date.
- 3. The shares represent the partial settlement under a performance-based RSU award granted March 4, 2019. One-third of the RSU vested and became distributable on March 10, 2021 and was converted to common stock on a one-for-one basis on the vesting date.

- 4. The shares represent the partial settlement under a time-based RSU award granted March 4, 2019. One-third of the RSU vested and became distributable on March 10, 2021 and was converted to common stock on a one-for-one basis on the vesting date.
- 5. The shares represent the partial settlement under a performance-based RSU award granted March 2, 2020. One-third of the RSU vested and became distributable on March 10, 2021 and was converted to common stock on a one-for-one basis on the vesting date.
- 6. The shares represent the partial settlement under a time-based RSU award granted March 2, 2020. One-third of the RSU vested and became distributable on March 10, 2021 and was converted to common stock on a one-for-one basis on the vesting date.

#### Remarks:

/s/ Stacy D. Krause, by power of attorney 03/12/2021

Date

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.