## SEC Form 4

## FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See
Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL									
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	ss of Reporting Person WILLIAM A	*	2. Issuer Name <b>and</b> Ticker or Trading Symbol KADANT INC [KAI]		tionship of Reporting Perso all applicable) Director	n(s) to Issuer 10% Owner	
(Last) (First) (Middle) KADANT INC. ONE TECHNOLOGY PARK DRIVE			3. Date of Earliest Transaction (Month/Day/Year) 12/01/2006	Х	Officer (give title below) Chief Executive	Other (specify below) Officer	
(Street) WESTFORD MA 01886		01886 (Zip)	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indiv Line) X	idual or Joint/Group Filing Form filed by One Repor Form filed by More than Person	ting Person	

## Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership
			Code V		Amount (A) or (D)		Price	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Common Stock	12/01/2006		М		300	A	\$13.05	100,386	D	
Common Stock	12/01/2006		S		300	D	\$23.15	100,086	D	
Common Stock	12/01/2006		М		100	A	\$13.05	100,186	D	
Common Stock	12/01/2006		S		100	D	\$23.13	100,086	D	
Common Stock	12/01/2006		М		100	A	\$13.05	100,186	D	
Common Stock	12/01/2006		S		100	D	\$23.12	100,086	D	
Common Stock	12/01/2006		М		100	A	\$13.05	100,186	D	
Common Stock	12/01/2006		S		100	D	\$23.11	100,086	D	
Common Stock	12/01/2006		М		200	A	\$13.05	100,286	D	
Common Stock	12/01/2006		S		200	D	\$23.1	100,086	D	
Common Stock	12/01/2006		М		100	A	\$13.05	100,186	D	
Common Stock	12/01/2006		S		100	D	\$23.08	100,086	D	
Common Stock	12/01/2006		М		100	A	\$13.05	100,186	D	
Common Stock	12/01/2006		S		100	D	\$23.07	100,086	D	
Common Stock	12/01/2006		М		1,200	A	\$13.05	101,286	D	
Common Stock	12/01/2006		S		1,200	D	\$23.06	100,086	D	
Common Stock	12/01/2006		М		1,000	A	\$13.05	101,086	D	
Common Stock	12/01/2006		S		1,000	D	\$23.05	100,086	D	
Common Stock	12/01/2006		М		400	A	\$13.05	100,486	D	
Common Stock	12/01/2006		S		400	D	\$23.04	100,086	D	
Common Stock	12/01/2006		М		200	A	\$13.05	100,286	D	
Common Stock	12/01/2006		S		200	D	\$23.02	100,086	D	
Common Stock	12/01/2006		М		300	A	\$13.05	100,386	D	
Common Stock	12/01/2006		S		300	D	\$23.01	100,086	D	
Common Stock	12/01/2006		М		10,800	A	\$13.05	110,886	D	
Common Stock	12/01/2006		S		10,800	D	\$23	100,086	D	
Common Stock	12/01/2006		М		700	A	\$13.05	100,786	D	
Common Stock	12/01/2006		S		700	D	\$22.99	100,086	D	
Common Stock	12/01/2006		М		100	A	\$13.05	100,186	D	

		Tab	le I - No	n-Der	ivativ	e Se	curit	ties Ac	quired,	Dis	posed o	of, or Be	neficia	ly Owned	ł		
1. Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)		ear)	2A. Deemed Execution Date, if any (Month/Day/Year)		Code (	Transaction Code (Instr.				Benefic	es ially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
							Code	v	Amount	(A) or (D) Price		Transac (Instr. 3	tion(s)		(1150.4)		
Common Stock				12/	12/01/2006				S		100	D	\$22.9	98 10	0,086	D	
			Table II -								osed of, onverti			Owned			
1. Title of Derivative Security (Instr. 3)	Conversion Date Execution Date, Transaction of				6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction( (Instr. 4)	Ownersh Form: Direct (D or Indirec (I) (Instr.	Beneficial Ownership t (Instr. 4)				
					Code	v	(A)	(D)	Date Exercisat		Expiration Date	Title	Amount or Number of Shares				
Employee Stock Option (Right To Buy)	\$13.05	12/01/2006			М			15,700	12/10/200	01 1	12/10/2008	Common Stock	15,700	\$0	74,900	D	
Explanation	n of Respons	ses:	4												*		

Remarks:

THE TRANSACTIONS REPORTED ON THIS FORM 4 WERE EXECUTED PURSUANT TO A RULE 10b5-1 TRADING PLAN.

<u>by Sandra L. Lambert for</u> <u>William A. Rainville</u>

12/05/2006

Date

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 $^{\ast}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.