SEC For	m 4																			
	FORM	4 U	UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549															OMB APPROVAL		
Section 16. Form 4 or Form 5 obligations may continue. See					NT OF CHANGES IN BENEFICIAL OWNE d pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940											SHIP	Estim		er: verage burde sponse:	3235-0287 n 0.5
1. Name and Address of Reporting Person [*] ALBERTINE JOHN M					2. 1:	2. Issuer Name and Ticker or Trading Symbol <u>KADANT INC</u> [KAI]										Relationship leck all appli X Directo	cable)	ng Per	son(s) to Iss 10% O	
(Last) (First) (Middle) KADANT INC.					3. Date of Earliest Transaction (Month/Day/Year) 05/12/2020											Officer (give title Other (specify below) below)				specify
ONE TECHNOLOGY PARK DRIVE(Street)					4. 1	f Amei	ndment,	Date	e of O	Driginal Fi	iled (N	Month/D	Line	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person						
WESTFORD MA 01886					,											Form filed by More than One Reporting Person				
(City) (State) (Zip)																				
			le I - Non								_									
1. Title of S	Security (Inst	tr. 3)	2. Trans Date (Month/		Day/Year) if		2A. Deemed Execution Date if any (Month/Day/Yea		e,	3. Transacti Code (Ins 8)	action Dispos		ities Acqu d Of (D) (I			Benefici	es ally =ollowing	Form (D) o	Ownership m: Direct or Indirect Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
										Code V	,	Amount	(A) (D)	or	Price	Transac (Instr. 3	tion(s)			(
		Т	able II - I (red, Dis options						Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)		4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		Exp	Date Exerc piration D onth/Day/`	ate	le and	7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	e s Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	t (Instr. 4)
				Co	Code	v	(A)	(D)	Dat Exe	te ercisable	Exp	piration e	Title	or Ni of	umber					
Restricted Stock Unit	\$0.0	05/12/2020			A		2,085			(1)	01/3	31/2021	Common Stock	ⁿ 2	,085	\$0	2,085	5	D	

Explanation of Responses:

1. Each Restricted Stock Unit ("RSU") represents the right to receive one share of the Issuer's common stock. 50% of the RSU vests on June 1, 2020 and the remainder vests in two equal installments on the last day of each of the Issuer's third and fourth quarters of fiscal 2020 provided the recipient continues to serve as a director of the Issuer.

Remarks:

/s/ Stacy D. Krause, by power 05/14/2020 of attorney

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 \ast If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.