

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP**

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL	
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1. Name and Address of Reporting Person* <b>SELWOOD DEBORAH</b>  (Last) (First) (Middle) <b>1 TECHNOLOGY PARK DRIVE</b>  (Street) <b>WESTFORD MA 01886</b>  (City) (State) (Zip)	2. Issuer Name and Ticker or Trading Symbol <b>KADANT INC [ KAI ]</b>	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner Officer (give title below) Other (specify below) <b>VICE PRESIDENT &amp; CAO</b>
	3. Date of Earliest Transaction (Month/Day/Year) <b>03/10/2018</b>	
	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line) <input checked="" type="checkbox"/> Form filed by One Reporting Person <input type="checkbox"/> Form filed by More than One Reporting Person

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	03/10/2018		M		398	A	(1)	11,794	D	
Common Stock	03/10/2018		F		118	D	\$104.35	11,676	D	
Common Stock	03/10/2018		M		434	A	(2)	12,110	D	
Common Stock	03/10/2018		F		128	D	\$104.35	11,982	D	
Common Stock	03/10/2018		M		111	A	(3)	12,093	D	
Common Stock	03/10/2018		F		33	D	\$104.35	12,060	D	
Common Stock	03/10/2018		M		479	A	(4)	12,539	D	
Common Stock	03/10/2018		F		142	D	\$104.35	12,397	D	
Common Stock	03/10/2018		M		80	A	(5)	12,477	D	
Common Stock	03/10/2018		F		24	D	\$104.35	12,453	D	

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)**

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Restricted Stock Unit	\$0.0	03/10/2018		M		398	(1)	03/10/2018	Common Stock	398	\$0	0	D		
Restricted Stock Unit	\$0.0	03/10/2018		M		434	(2)	03/31/2019	Common Stock	434	\$0	433	D		
Restricted Stock Unit	\$0.0	03/10/2018		M		111	(3)	03/31/2019	Common Stock	111	\$0	111	D		
Restricted Stock Unit	\$0.0	03/10/2018		M		479	(4)	03/31/2020	Common Stock	479	\$0	956	D		
Restricted Stock Unit	\$0.0	03/10/2018		M		80	(5)	03/31/2020	Common Stock	80	\$0	159	D		

**Explanation of Responses:**

- The shares represent the partial settlement under a time-based RSU award granted March 9, 2015. One-third of the RSU vested and became distributable on March 10, 2018 and was converted to common stock on a one-for-one basis on the vesting date.
- The shares represent the partial settlement under a performance-based RSU award granted March 8, 2016. One-third of the RSU vested and became distributable on March 10, 2018 and was converted to common stock on a one-for-one basis on the vesting date.
- The shares represent the partial settlement under a time-based RSU award granted March 8, 2016. One-third of the RSU vested and became distributable on March 10, 2018 and was converted to common stock on a one-for-one basis on the vesting date.
- The shares represent the partial settlement under a performance-based RSU award granted March 8, 2017. One-third of the RSU vested and became distributable on March 10, 2018 and was converted to common stock on a one-for-one basis on the vesting date.
- The shares represent the partial settlement under a time-based RSU award granted March 8, 2017. One-third of the RSU vested and became distributable on March 10, 2018 and was converted to common stock on a one-for-one basis on the vesting date.

**Remarks:**

/s/ Sandra L. Lambert, by  
power of attorney

03/13/2018

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

**Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.**