FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

3...,

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(b) of the Investment Company Act of 1940

			or Section 30(h) of the Investment Company Act of 1940							
	ddress of Reporting		2. Issuer Name and Ticker or Trading Symbol KADANT INC [KAI]		5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
RAINVILLE WILLIAM A			[]	X	Director	10% Owner				
(Last)	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year)	X	Officer (give title below)	Other (specify below)				
ONE ACTON PLACE			06/13/2006		Chief Executive Officer					
SUITE 202										
(Street)			4. If Amendment, Date of Original Filed (Month/Day/Year) 06/15/2006	6. Indi	vidual or Joint/Group Fili	ing (Check Applicable				
ACTON	MA	01720		X	Form filed by One Re	eporting Person				
					Form filed by More th Person	nan One Reporting				
(City)	(State)	(Zip)								

(Street) ACTON MA (City) (State)	01720 (Zip)	00/15/2000				X	X Form filed by One Reporting Person Form filed by More than One Reporting Person				
(State)	Table I - Non-Derivat	ive Securities Acc	uired.	Disi	oosed of.	or Ben	eficially	Owned			
1. Title of Security (Instr. 3)	2. Transact Date (Month/Day	ion 2A. Deemed Execution Date,	3. Transaction Code (Instr. 8)		4. Securities Disposed Of 5)	Acquired	I (A) or	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V		Amount	(A) or (D)	Price				
Common Stock	06/13/2	006	M		150	A	\$5.38	72,236	D		
Common Stock	06/13/2	006	S		150	D	\$21.4	72,086	D		
Common Stock	06/13/2	006	M		226	A	\$5.38	72,312	D		
Common Stock	06/13/2	006	S		226	D	\$21.38	72,086	D		
Common Stock	06/13/2	006	M		150	A	\$5.38	72,236	D		
Common Stock	06/13/2	006	S		150	D	\$21.3	72,086	D		
Common Stock	06/13/2	006	M		87	A	\$5.38	72,173	D		
Common Stock	06/13/2	006	S		87	D	\$21.29	72,086	D		
Common Stock	06/13/2	006	М		226	A	\$5.38	72,312	D		
Common Stock	06/13/2	006	S		226	D	\$21.31	72,086	D		
Common Stock	06/13/2	006	M		2,500	A	\$5.38	74,586	D		
Common Stock	06/13/2	006	M		213	A	\$12.89	74,799	D		
Common Stock	06/13/2	006	S		213	D	\$21.29	74,586	D		
Common Stock	06/13/2	006	M		150	A	\$12.89	74,736	D		
Common Stock	06/13/2	006	S		150	D	\$21.28	74,586	D		
Common Stock	06/13/2	006	M		76	A	\$12.89	74,662	D		
Common Stock	06/13/2	006	S		76	D	\$21.27	74,586	D		
Common Stock	06/13/2	006	M		76	A	\$12.89	74,662	D		
Common Stock	06/13/2	006	S		76	D	\$21.26	74,586	D		
Common Stock	06/13/2	006	M		376	A	\$12.89	74,962	D		
Common Stock	06/13/2	006	S		376	D	\$21.25	74,586	D		
Common Stock	06/13/2	006	M		76	A	\$12.89	74,662	D		
Common Stock	06/13/2	006	S		76	D	\$21.23	74,586	D		
Common Stock	06/13/2	006	M		226	A	\$12.89	74,812	D		
Common Stock	06/13/2	006	S		226	D	\$21.21	74,586	D		
Common Stock	06/13/2	006	M		300	A	\$12.89	74,886	D		
Common Stock	06/13/2	006	S		300	D	\$21.2	74,586	D		
Common Stock	06/13/2	006	М		226	A	\$12.89	74,812	D		
Common Stock	06/13/2	006	S		226	D	\$21.19	74,586	D		

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		n of		6. Date Exerc Expiration Da (Month/Day/\)	ate	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Employee Stock Option (Right To Buy)	\$5.38	06/13/2006		М			3,339	10/26/1994	10/16/2006	Common Stock	3,339	\$0	0	D	
Employee Stock Option (Right To Buy)	\$12.89	06/13/2006		M			1,719	11/28/1994	11/28/2006	Common Stock	1,719	\$0	90,681	D	

Explanation of Responses:

Remarks:

THE TRANSACTIONS REPORTED ON THIS FORM 4A WERE EXECUTED PURSUANT TO A RULE 10b-5-1 TRADING PLAN.

by Sandra L. Lambert for William A. Rainville

06/22/2006

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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