FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

OMB APPROVAL									
OMB Number: 3235-028									
Estimated average burden									
hours per response	: 0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  RAINVILLE WILLIAM A				KAI	2. Issuer Name and Ticker or Trading Symbol KADANT INC [ KAI ]							(Che	Relationship of Reporting Person(s) to Issuer (Check all applicable)     X Director 10% Owner						
(Last)	•	irst) (	Middle)			3. Date of Earliest Transaction (Month/Day/Year) 12/31/2016								Officer ( below)	Officer (give title below)		Other (specify below)		
KADANT INC. ONE TECHNOLOGY PARK DRIVE					4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)							Line)	6. Individual or Joint/Group Filing (Check Applicable Line)  X Form filed by One Reporting Person					
(Street) WESTFO	ORD M	IA (	01886											X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(S	tate) (	Zip)																
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3)  2. Transact Date (Month/Day					Exe if a	A. Deemed xecution Date, any lonth/Day/Year)		Transaction Dispose Code (Instr. and 5)		Disposed	ies Acquired (A) Of (D) (Instr. 3,		5. Amour Securitie Beneficia Owned Followin	s ally	Form: (D) or Indire	Direct	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
								Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)				
Common Stock 12/31/2				2016	:016		M		1,250	A	(1)	73,1	73,150		D				
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned  (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)		4. Transaction Code (Instr. 8)		ı of		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownershi Form: Direct (D) or Indirec (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisab		xpiration ate	Title	Amount or Number of Shares						
Restricted Stock Unit	\$0.0	12/31/2016			M			1,250 <sup>(1)</sup>	(1)	0	1/31/2017 <sup>(1)</sup>	Common Stock	1,250(1)	\$0	0		D		

## **Explanation of Responses:**

1. Represents partial vesting of restricted stock unit award on 12/31/2016 and delivery of shares to the reporting person pursuant to the terms of a restricted stock unit award agreement dated 03/09/2016.

## Remarks:

by Melodie T. Morin for William A. Rainville 01/03/2017

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.