FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Add		0	2. Issuer Name and Ticker or Trading Symbol KADANT INC [KAI]		5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
(Last) (First) (Middle) KADANT INC.			3. Date of Earliest Transaction (Month/Day/Year) 03/10/2017	x	Officer (give title below) SR. VICE PRESID	Other (specify below)			
ONE TECHNOLOGY PARK DRIVE			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indi Line)	6. Individual or Joint/Group Filing (Check Applicable Line)				
(Street)				X	Form filed by One Re	porting Person			
WESTFORD	ESTFORD MA 01886				Form filed by More th Person	an One Reporting			
(City)	(State)	(Zip)							
		Table I - Non-D	erivative Securities Acquired, Disposed of, or Ben	ficially	Owned				

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Disposed O and 5)			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(1130.4)	(1150. 4)
Common Stock	03/10/2017		М		948	Α	(1)	17,177.009	D	
Common Stock	03/10/2017		F		308	D	\$57.8	16,869.009	D	
Common Stock	03/10/2017		М		236	A	(2)	17,105.009	D	
Common Stock	03/10/2017		F		77	D	\$57.8	17,028.009	D	
Common Stock	03/10/2017		М		809	Α	(3)	17,837.009	D	
Common Stock	03/10/2017		F		263	D	\$57.8	17,574.009	D	
Common Stock	03/10/2017		М		206	Α	(4)	17,780.009	D	
Common Stock	03/10/2017		F		67	D	\$57.8	17,713.009	D	
Common Stock	03/10/2017		М		1,202	A	(5)	18,915.009	D	
Common Stock	03/10/2017		F		391	D	\$57.8	18,524.009	D	
Common Stock	03/10/2017		М		308	Α	(6)	18,832.009	D	
Common Stock	03/10/2017		F		100	D	\$57.8	18,732.009	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)		3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)						7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Restricted Stock Unit	\$0.0	03/10/2017		М			948	(1)	03/10/2017	Common Stock	948	\$0	0	D	
Restricted Stock Unit	\$0.0	03/10/2017		М			236	(2)	03/10/2017	Common Stock	236	\$0	0	D	
Restricted Stock Unit	\$0.0	03/10/2017		М			809	(3)	03/10/2018	Common Stock	809	\$ <mark>0</mark>	809	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)		3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		Number		Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Restricted Stock Unit	\$0.0	03/10/2017		М	\square		206	(4)	03/10/2018	Common Stock	206	\$0	206	D	
Restricted Stock Unit	\$0.0	03/10/2017		М			1,202	(5)	03/31/2019	Common Stock	1,202	\$ <mark>0</mark>	2,402	D	
Restricted Stock Unit	\$0.0	03/10/2017		М			308	(6)	03/31/2019	Common Stock	308	\$0	616	D	

Explanation of Responses:

1. The shares represent the partial settlement under a performance-based RSU award granted March 5, 2014. One-third of the RSU vested and became distributable on March 10, 2017 and was converted to common stock on a one-for-one basis on the vesting date.

2. The shares represent the partial settlement under a time-based RSU award granted March 5, 2014. One-third of the RSU vested and became distributable on March 10, 2017 and was converted to common stock on a one-for-one basis on the vesting date.

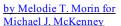
3. The shares represent the partial settlement under a performance-based RSU award granted March 9, 2015. One-third of the RSU vested and became distributable on March 10, 2017 and was converted to common stock on a one-for-one basis on the vesting date.

4. The shares represent the partial settlement under a time-based RSU award granted March 9, 2015. One-third of the RSU vested and became distributable on March 10, 2017 and was converted to common stock on a one-for-one basis on the vesting date.

5. The shares represent the partial settlement under a performance-based RSU award granted March 8, 2016. One-third of the RSU vested and became distributable on March 10, 2017 and was converted to common stock on a one-for-one basis on the vesting date.

6. The shares represent the partial settlement under a time-based RSU award granted March 8, 2016. One-third of the RSU vested and became distributable on March 10, 2017 and was converted to common stock on a one-for-one basis on the vesting date.

Remarks:



03/14/2017

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.