FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Nashington, I	D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average	burden								
hours per response	: 0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* SELWOOD DEBORAH				<u>K</u>	2. Issuer Name and Ticker or Trading Symbol KADANT INC [ KAI ]									c all appli Directo	tor er (give title		son(s) to Iss 10% Ov Other (s	vner	
(Last) 1 TECHI	,	irst) PARK DRIVE	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 03/06/2024							Λ	Senio	)				
(Street) WESTFO	ORD M	A	01886		4. If	f Ame	endment	t, Date	of Original	Filed	(Month/D	ay/Year)		Indi ne) X	Form f	filed by One	e Rep	g (Check Ap orting Person n One Repo	n
(City)	(S	tate)	(Zip)		Rule 10b5-1(c) Transaction Indication  Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.									ed to					
		Tabl	le I - Nor	ı-Deriv	/ative	Se	curitie	es A	cquired,	Dis	posed o	of, or Be	enefici	ally	Owned	d			
			Date	h/Day/Year) if		2A. Deemed Execution Date, if any (Month/Day/Year)		Code (	Transaction Dispose Code (Instr. 5)		rities Acquired (A) o ed Of (D) (Instr. 3, 4 a		nd Securiti Benefic		es For ially (D) Following (I) (		n: Direct r Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership	
										v	Amount	(A) c (D)	Price	Troposo		tion(s)			(Instr. 4)
Common Stock														18,891(1)			D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date,		Transaction Code (Instr.		n of		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		Price of erivative ecurity nstr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	y Director (I) (In	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisab		xpiration ate	Title	Amoun or Numbe of Shares						
Restricted Stock Unit	\$0	03/06/2024			A		560		(2)	0	4/30/2027	Common Stock	560		\$0	560		D	
Restricted Stock Unit	\$0	03/06/2024		T	Α		140		(3)	0-	4/30/2027	Common	140		<b>\$0</b>	140		D	

## **Explanation of Responses:**

- 1. Includes 140 shares acquired in an exempt transaction pursuant to the Issuer's Employees' Stock Purchse Plan on December 31, 2023.
- 2. Each Restricted Stock Unit ("RSU") represents the right to receive one share of the Issuer's common stock. The RSU vests and is distributable in three equal installments beginning on March 10, 2025, provided that the Issuer meets certain performance requirements for fiscal 2024 and the reporting person is employed by the Issuer on the vesting date. The maximum number of shares the reporting person may receive is 150% of the RSU amount.
- 3. This RSU vests and becomes exercisable in three annual installments beginning on March 10, 2025, provided the reporting person is employed by the Issuer on the vesting date.

## Remarks:

/s/ Stacy D. Krause, by power of attorney

03/07/2024

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.