FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

<b>FATEMENT</b>	OE	CHANGES	INI	RENEEICIAI	OWNEDSH

OIVID APPROVAL									
OMB Number:	3235-0287								
Estimated average b	urden								

0.5

hours per response:

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  RAINVILLE WILLIAM A													5. Relationship of Reporting Person(s) to Issuer Check all applicable)						
<u>KAIN I</u>	/ILLE W	ILLIAM A			TUID	111111	.,,		]					7	Director			10% Ow	ner
(Last)	(F	irst)	(Middle)		Date of Earliest Transaction (Month/Day/Year)								<b>-</b>	Officer ( below)	give title	ive title Other (spe below)		pecify	
KADANT INC.				03/03/2008								Chief Executive Officer							
ONE TE	CHNOLOG	GY PARK DRIV	Έ																
(Street)					4. If Amendment, Date of Original Filed (Month/Day/Year)								6. In	ndividual or Joint/Group Filing (Check Applicable					
WESTFO	ORD M	IΑ	01886											2		•		ting Person	
(City)	(6	State)	(7in)												Form fil Person	ed by More	e than	One Report	ing
(City)	(3	state)	(Zip)																
		Та	ble I - Non-	-Deriva	tive S	ecuritie	s A	cquir	red, D	isp	osed (	of, or B	ene	ficially	Owned				
Date			2. Transac Date (Month/Da	Execution Date		e, Tr Co	Code (Instr.		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)			Securities Beneficia	5. Amount of Securities Beneficially Owned Following		Direct I Indirect E str. 4)	7. Nature of Indirect Beneficial Ownership			
								C	ode V	′	Amount	(A)	or	Price	Transaction (Instr. 3 and				Instr. 4)
Common Stock													161,111(1)			D			
			Table II - D	Derivati e.g., pu											Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Dat if any (Month/Day/Yo	Cod	saction e (Instr.	of		6. Date Exercisab Expiration Date (Month/Day/Year)			e and	7. Title and Amo of Securities Underlying Deriv Security (Instr. 3 4)		rivative	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	e s Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
				Cod	e V	(A)	(D)	Date Exerci	isable	Exp Date	iration e	N		ount or mber of ares					
Restricted Stock Unit	\$0	03/03/2008		A		40,000		(2	(2)	01/0	01/2011	Common	40	,000(2)	\$0	40,00	0	D	

## Explanation of Responses:

- 1. Includes 1,025 shares acquired in an exempt transaction pursuant to the Issuer?s ESPP on December 31, 2007.
- 2. Each Restricted Stock Unit (?RSU?) represents the right to receive one share of the issuer?s common stock. The RSU vests on 1/1/2011, provided that the issuer meets certain performance requirements and the reporting person remains employed by the issuer through the vesting date. The maximum number of shares the reporting person may receive is 150% of the RSU amount.

## Remarks:

by Sandra L. Lambert for William A. Rainville 03/05/2008

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.