FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

| OMB APPROVAL | | | | | | | | | | |
|---------------------|----------|--|--|--|--|--|--|--|--|--|
| OMB Number: | 3235-028 | | | | | | | | | |
| Estimated average I | hurden | | | | | | | | | |

0.5

hours per response:

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person* ALBERTINE JOHN M | | | | 2. Issuer Name and Ticker or Trading Symbol KADANT INC [KAI] | | | | | | | | (Ch | eck all ap | | | | | | |
|--|--|--|---|---|---|---|----|--------------------|--|----|--------------------|--|---|---|---|--|---|--|--|
| (Last) | (F | <u> </u> | Middle) | | 3. Date of Earliest Transaction (Month/Day/Year) 09/18/2017 | | | | | | | | | - | X Dire Offic belo | cer (give title | | (specify | |
| ONE TECHNOLOGY PARK DRIVE | | | | 4. If | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | | | 6. Individual or Joint/Group Filing (Check Applicable | | | | | | |
| (Street) WESTFO | ORD M | O MA 01886 | | | | | | | | | | | | Line | X For | Form filed by One Reporting Person Form filed by More than One Reporting Person | | | |
| (City) | (S | tate) (| Zip) | | | | | | | | | | | | | | | | |
| | Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned | | | | | | | | | | | | | | | | | | |
| 1. Title of Security (Instr. 3) 2. Transac Date (Month/Date) | | | | Execution Date, | | Transaction Disposed Of Code (Instr. 5) | | | ties Acquired (A) o I Of (D) (Instr. 3, 4 | | (A) or 3, 4 and | Secui Bene Owne | ficially d Following | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Indirect Beneficial Ownership | | | | |
| | | | | | | Code | v | Amount | Amount (A) or (D) | | Price | | action(s) 3 and 4) | | (Instr. 4) | | | | |
| Common Stock 09/18/ | | | | /2017 | | S ⁽¹⁾ | | 5,500 | 5,500 D | | \$89. | 5 | 12,390 | D | | | | | |
| Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) | | | | | | | | | | | | | | | | | | | |
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deeme Execution if any (Month/Da | Date, | I. Transaction Code (Instr. I) | | of | | 6. Date Exercisa Expiration Date (Month/Day/Year | | е | 7. Title and Amount of Securities Underlying Derivative Security (Instrand 4) | | str. 3 | . Price of lerivative lecurity nstr. 5) | 9. Number o derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4) | Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 11. Nature of Indirect Beneficial Ownership (Instr. 4) | |
| | | Code | v | (A) | (D) | Date Exercisa | | Expiration Date | Title | of | | | | | | | | | |

Explanation of Responses:

1. The transactions reported on this Form 4 were executed pursuant to a Rule 10-b-5-1 trading plan adopted 8/17/2017.

Remarks:

by Melodie T. Morin for John

09/19/2017

M. Albertine

** Signature of Reporting Person Date

 $Reminder: Report \ on \ a \ separate \ line \ for \ each \ class \ of \ securities \ beneficially \ owned \ directly \ or \ indirectly.$

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.