FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

OMB APPROVAL

STATEMEN	OMB Number: Estimated average burde					
Filed	hours per response:	0.5				
	2. Issuer Name <b>and</b> Ticker or Trading Symbol	5. Relationship of R	eporting Person(s) to Is	suer		

1. Name and Address of Reporting Person*  RAINVILLE WILLIAM A				2. Issuer Name and Ticker or Trading Symbol  KADANT INC [ KAI ]							Relationship of Reporting Person(s) to Issuer (Check all applicable)     X Director 10% Owner					
(Last) KADANT INC.		(Middle)		3. Date 12/01	of Earliest Transac /2006	ction (M	onth/E	oay/Year)	X	X Officer (give title below) Other (spe below)  Chief Executive Officer						
ONE TECHNOLOGY PARK DRIVE					nendment. Date of	Original	Filed	(Month/Dav/Ye	6. Indi	Individual or Joint/Group Filing (Check Applicable						
(Street) WESTFORD	MA	01886		4. If Amendment, Date of Original Filed (Month/Day/Year)							Line)  X Form filed by One Reporting Person  Form filed by More than One Reporting  Person					
(City)	(State)	(Zip)														
		Table I - No	n-Deriva	tive S	ecurities Acq	uired,	Disp	osed of, o	r Bene	eficially	Owned					
Da				ction ay/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities A Disposed Of ( 5)	Acquired (D) (Instr.	(A) or 3, 4 and	5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
						Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(			
Common Stock			12/01/	2006		M		900	A	\$13.05	100,986	D				
Common Stock			12/01/	2006		S		900	D	\$22.97	100,086	D				
Common Stock			12/01/	2006		M		1,900	A	\$13.05	101,986	D				
Common Stock			12/01/	2006		S		1,900	D	\$22.96	100,086	D				
Common Stock			12/01/	2006		M		1,700	A	\$13.05	101,786	D				
Common Stock			12/01/	2006		S		1,700	D	\$22.95	100,086	D				
Common Stock			12/01/	2006		M		6,000	A	\$13.05	106,086	D				
Common Stock			12/01/	2006		S		6,000	D	\$22.94	100,086	D				
Common Stock			12/01/	2006		M		4,200	A	\$13.05	104,286	D				
Common Stock			12/01/	2006		S		4,200	D	\$22.93	100,086	D				
Common Stock			12/01/	2006		M		1,100	A	\$13.05	101,186	D				
Common Stock			12/01/	2006		S		1,100	D	\$22.92	100,086	D				
Common Stock			12/01/	2006		M		9,100	A	\$13.05	109,186	D				
Common Stock			12/01/	2006		S		9,100	D	\$22.9	100,086	D				
Common Stock			12/01/	2006		M		700	A	\$13.05	100,786	D				
Common Stock			12/01/	2006		S		700	D	\$22.88	100,086	D				
Common Stock			12/01/	2006		M		1,800	A	\$13.05	101,886	D				
Common Stock			12/01/	2006		S		1,800	D	\$22.87	100,086	D				
Common Stock			12/01/	2006		M		3,000	A	\$13.05	103,086	D				
Common Stock			12/01/	2006		S		3,000	D	\$22.86	100,086	D				
Common Stock			12/01/	2006		M		3,000	A	\$13.05	101,886	D				
Common Stock			12/01/	2006		S		3,000	D	\$22.86	100,086	D				
Common Stock			12/01/	2006		M		26,500	A	\$13.05	126,586	D				
Common Stock			12/01/	2006		S		26,500	D	\$22.8	100,086	D				
Common Stock			12/01/	2006		M		15,000	A	\$13.05	115,086	D				
	<u> </u>	Table II	Derivati	V0 S0	curities Acqui	red C	lienc	sed of or	Ronof	icially O	wned					

(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	A Define Deriv Execution Date, if any (e.g., (Month/Day/Year)	ative Transa <b>Pulis</b> (	Secu action (Salls	Sec Acq (A) o Disp of (I	INTERPRETATION DATE TO PRINCIPLE TO PRINCIPL			or Bendficially of Securities ) ស្រែស្បី ities) Derivative Security (Instr. 3 and 4)		Owning of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
											Amount or				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code ( 8)	ction Instr.	5. Number (f) (D) Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		a Date Exerc Patration Pa Expiration Pa (Month/Day/)	EADE ATON IB ate ear)	7. Title and Number Frecurities hares Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Employee Stock Option (Right To Buy)	\$13.05	12/01/2006		М			74,900	12/10/2001	12/10/2008	Common Stock	74,900	\$0	0	D	

**Explanation of Responses:** 

## Remarks:

THE TRANSACTIONS REPORTED ON THIS FORM 4 WERE EXECUTED PURSUANT TO A RULE 10b5-1 TRADING PLAN.

by Sandra L. Lambert for William A. Rainville

12/05/2006

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.