# FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

	Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).
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## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL									
OMB Number: 3235-0287									
Estimated average burden									

Estimated average burden	
hours per response:	0.5

	ss of Reporting Perso		2. Issuer Name and Ticker or Trading Symbol KADANT INC [ KAI ]	(Check	tionship of Reporting Perso all applicable) Director Officer (give title	erson(s) to Issuer 10% Owner Other (specify	
(Last) (First) (Middle) KADANT INC. ONE TECHNOLOGY PARK DRIVE		<b>、</b> ,	3. Date of Earliest Transaction (Month/Day/Year) 03/10/2017	X	below) SR. VICE PRESIDE	below)	
(Street) WESTFORD MA 01886			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indiv Line) X	idual or Joint/Group Filing Form filed by One Repor Form filed by More than Person	ting Person	

## Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

Table 1- Non-Derivative Occurrices Acquired, Disposed of, or Derivitiany Owned											
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transa Code ( 8)				5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
			Code V Amount (A) or (D)		(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(		
Common Stock	03/10/2017		М		948	A	(1)	17,177.009	D		
Common Stock	03/10/2017		F		308	D	\$57.8	16,869.009	D		
Common Stock	03/10/2017		М		236	A	(2)	17,105.009	D		
Common Stock	03/10/2017		F		77	D	\$57.8	17,028.009	D		
Common Stock	03/10/2017		М		809	A	(3)	17,837.009	D		
Common Stock	03/10/2017		F		263	D	\$57.8	17,574.009	D		
Common Stock	03/10/2017		М		206	A	(4)	17,780.009	D		
Common Stock	03/10/2017		F		67	D	\$57.8	17,713.009	D		
Common Stock	03/10/2017		М		1,202	A	(5)	18,915.009	D		
Common Stock	03/10/2017		F		391	D	\$57.8	18,524.009	D		
Common Stock	03/10/2017		М		308	A	(6)	18,832.009	D		
Common Stock	03/10/2017		F		100	D	\$57.8	18,732.009	D		

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code ( 8)		n of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Restricted Stock Unit	\$0.0	03/10/2017		М			948	(1)	03/10/2017	Common Stock	948	\$0	0	D	
Restricted Stock Unit	\$0.0	03/10/2017		М			236	(2)	03/10/2017	Common Stock	236	\$ <mark>0</mark>	0	D	
Restricted Stock Unit	\$0.0	03/10/2017		М			809	(3)	03/10/2018	Common Stock	809	\$ <mark>0</mark>	809	D	
Restricted Stock Unit	\$0.0	03/10/2017		М			206	(4)	03/10/2018	Common Stock	206	\$ <mark>0</mark>	206	D	
Restricted Stock Unit	\$0.0	03/10/2017		М			1,202	(5)	03/31/2019	Common Stock	1,202	\$0	2,402	D	
Restricted Stock Unit	\$0.0	03/10/2017		М			308	(6)	03/31/2019	Common Stock	308	\$0	616	D	

#### Explanation of Responses:

1. The shares represent the partial settlement under a performance-based RSU award granted March 5, 2014. One-third of the RSU vested and became distributable on March 10, 2017 and was converted to common stock on a one-for-one basis on the vesting date.

2. The shares represent the partial settlement under a time-based RSU award granted March 5, 2014. One-third of the RSU vested and became distributable on March 10, 2017 and was converted to common stock on a one-for-one basis on the vesting date.

3. The shares represent the partial settlement under a performance-based RSU award granted March 9, 2015. One-third of the RSU vested and became distributable on March 10, 2017 and was converted to common stock on a one-for-one basis on the vesting date.

4. The shares represent the partial settlement under a time-based RSU award granted March 9, 2015. One-third of the RSU vested and became distributable on March 10, 2017 and was converted to common stock on a one-for-one basis on the vesting date.

5. The shares represent the partial settlement under a performance-based RSU award granted March 8, 2016. One-third of the RSU vested and became distributable on March 10, 2017 and was converted to common stock on a one-for-one basis on the vesting date.

6. The shares represent the partial settlement under a time-based RSU award granted March 8, 2016. One-third of the RSU vested and became distributable on March 10, 2017 and was converted to common stock on a one-for-one basis on the vesting date.

#### Remarks:

### by Melodie T. Morin for Michael J. McKenney

\*\* Signature of Reporting Person Date

03/14/2017

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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