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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	PROVAL
OMB Number:	3235-028

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			2. Issuer Name and Ticker or Trading Symbol <u>KADANT INC</u> [KAI]		tionship of Reporting Perso all applicable) Director	10% Owner	
(Last) ONE TECHNOI	(First) (Middle) I		3. Date of Earliest Transaction (Month/Day/Year) 03/10/2013	X VI	Officer (give title below) CE PRESIDENT, FINA	Other (specify below) FINANCE & CAO	
(Street) WESTFORD (City)	MA (State)	01886 (Zip)	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indiv Line) X	idual or Joint/Group Filing (Form filed by One Report Form filed by More than (Person	ting Person	

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transa Code (8)					5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(1130.4)
Common Stock	03/10/2013		М		1,453	A	(1)	6,062.009	D	
Common Stock	03/10/2013		F		474	D	\$26.58	5,588.009	D	
Common Stock	03/10/2013		М		1,455	A	(2)	7,043.009	D	
Common Stock	03/10/2013		F		475	D	\$26.58	6,568.009	D	
Common Stock	03/10/2013		М		1,465	A	(3)	8,033.009	D	
Common Stock	03/10/2013		F		478	D	\$26.58	7,555.009	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities) Transaction 24 Deemed 1 5 Number 6 Date Exercisable and 7 Title and Amount 8 Price of 9 Number of 10

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		of Deri Sec Acq (A) (Disp of (I	oosed D) tr. 3, 4	Expiration Date (Month/Day/Year) ired r ssed)		ate of Securities		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Restricted Stock Unit	\$0.	03/10/2013		М			1,453	(1)	03/10/2013	Common Stock	1,453(1)	\$0.	0.	D	
Restricted Stock Unit	\$0.	03/10/2013		м			2,909	(2)	03/10/2014	Common Stock	1,455(2)	\$0.	1,454	D	
Restricted Stock Unit	\$0.	03/10/2013		м			4,394	(3)	03/10/2015	Common Stock	1,465 ⁽³⁾	\$0.	2,929	D	

Explanation of Responses:

1. The shares represent the partial settlement under a RSU award granted 3/3/2010. One-third of the RSU vested on 3/10/2013 and was converted to common stock on a one-for-one basis on the vesting date. 2. The shares represent the partial settlement under a RSU award granted 3/9/2011. One-third of the RSU vested on 3/10/2013 and was converted to common stock on a one-for-one basis on the vesting date. 3. The shares represent the partial settlement under a RSU award granted 3/7/2012. One-third of the RSU vested on 3/10/2013 and was converted to vested common stock on a one-for-one basis on the vesting date.

Remarks:

by Sandra L. Lambert for Michael J. McKenney ** Signature of Reporting Person

03/12/2013

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.